



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

WILMS, Andy

Club: Laufteam Wiesentheid

Number: 167

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 3:46:46

Speed: 11.18 km/h

Running performance: 5:22 min/km

Rank in course/Total: 47 (of 143)

Rank in course/Men: 45 (of 129)

Best time in course: 2:55:38

Rank in category: 19(of 38)

Best time in the category: 2:59:52

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	17:11	5:17	25	4:13	76	4:54	3.25	17:11	5:17	2		51	0:41
Lap 2	3.25	17:06	5:15	22	3:56	60	4:15	6.50	34:17	5:16	2		51	0:18
Lap 3	3.25	16:48	5:10	23	3:33	54	3:53	9.75	51:05	5:14	2		35	
Lap 4	3.25	16:36	5:06	20	3:10	47	3:43	13.00	1:07:41	5:12	2		51	
Lap 5	3.25	17:00	5:13	22	3:25	55	3:59	16.25	1:24:41	5:12	2		51	
Lap 6	3.25	17:13	5:17	20	3:41	49	4:20	19.50	1:41:54	5:13	2		51	
Lap 7	3.25	17:24	5:21	21	3:42	51	4:14	22.75	1:59:18	5:14	2		51	
Lap 8	3.25	17:13	5:17	19	3:26	43	3:41	26.00	2:16:31	5:15	2		47	32:17
Lap 9	3.25	17:38	5:25	18	3:52	40	4:00	29.25	2:34:09	5:16	2		47	36:05
Lap 10	3.25	17:52	5:29	19	3:44	39	3:49	32.50	2:52:01	5:17	2		46	39:54
Lap 11	3.25	18:00	5:32	17	3:50	31	3:52	35.75	3:10:01	5:18	10		45	43:46
Lap 12	3.25	18:51	5:48	21	5:00	42	5:00	39.00	3:28:52	5:21	10		45	47:54
Last lap Finish	3.25	17:54	5:30	17	4:19	32	4:19	42.25	3:46:46	5:22	21	46:54	51	1:17:03