



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

WILMS, Andy

Club: Laufteam Wiesentheid

Number: 167

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 3:46:46

Speed: 11.11 km/h

Running performance: 5:22 min/km

Rank in course/Total: 47 (of 143)

Rank in course/Men: 45 (of 129)

Best time in course: 2:55:38

Rank in category: 19(of 38)

Best time in the category: 2:59:52

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 17:11 | 5:17 | 25 | 4:13 | 76 | 4:54 | 3.25 | 17:11 | 5:17 | 2 | | 51 | 0:41 |
| Lap 2 | 3.25 | 17:06 | 5:15 | 22 | 3:56 | 60 | 4:15 | 6.50 | 34:17 | 5:16 | 2 | | 51 | 0:18 |
| Lap 3 | 3.25 | 16:48 | 5:10 | 23 | 3:33 | 54 | 3:53 | 9.75 | 51:05 | 5:14 | 2 | | 35 | |
| Lap 4 | 3.25 | 16:36 | 5:06 | 20 | 3:10 | 47 | 3:43 | 13.00 | 1:07:41 | 5:12 | 2 | | 51 | |
| Lap 5 | 3.25 | 17:00 | 5:13 | 22 | 3:25 | 55 | 3:59 | 16.25 | 1:24:41 | 5:12 | 2 | | 51 | |
| Lap 6 | 3.25 | 17:13 | 5:17 | 20 | 3:41 | 49 | 4:20 | 19.50 | 1:41:54 | 5:13 | 2 | | 51 | |
| Lap 7 | 3.25 | 17:24 | 5:21 | 21 | 3:42 | 51 | 4:14 | 22.75 | 1:59:18 | 5:14 | 2 | | 51 | |
| Lap 8 | 3.25 | 17:13 | 5:17 | 19 | 3:26 | 43 | 3:41 | 26.00 | 2:16:31 | 5:15 | 2 | | 47 | 32:17 |
| Lap 9 | 3.25 | 17:38 | 5:25 | 18 | 3:52 | 40 | 4:00 | 29.25 | 2:34:09 | 5:16 | 2 | | 47 | 36:05 |
| Lap 10 | 3.25 | 17:52 | 5:29 | 19 | 3:44 | 39 | 3:49 | 32.50 | 2:52:01 | 5:17 | 2 | | 46 | 39:54 |
| Lap 11 | 3.25 | 18:00 | 5:32 | 17 | 3:50 | 31 | 3:52 | 35.75 | 3:10:01 | 5:18 | 10 | | 45 | 43:46 |
| Lap 12 | 3.25 | 18:51 | 5:48 | 21 | 5:00 | 42 | 5:00 | 39.00 | 3:28:52 | 5:21 | 10 | | 45 | 47:54 |
| Last lap Finish | 3.25 | 17:54 | 5:30 | 17 | 4:19 | 32 | 4:19 | 42.25 | 3:46:46 | 5:22 | 21 | 46:54 | 51 | 1:17:03 |