



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

REUTER, Reinhard

Club: Team Erdinger/FC St. Pauli Triathlon
Number: 80

Course: 42.25 km
Marathon

Category:
Männer M45

Total time: 3:54:37

Speed: 10.74 km/h
Running performance: 5:33 min/km

Rank in course/Total: 53 (of 143)

Rank in course/Men: 51 (of 129)

Best time in course: 2:55:38

Rank in category: 21(of 38)

Best time in the category: 2:59:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:17	5:00	18	3:19	50	4:00	3.25	16:17	5:00	4		57	
Lap 2	3.25	16:30	5:04	20	3:20	49	3:39	6.50	32:47	5:02	4		57	
Lap 3	3.25	16:43	5:08	20	3:28	51	3:48	9.75	49:30	5:04	4		57	
Lap 4	3.25	16:57	5:12	23	3:31	53	4:04	13.00	1:06:27	5:06	4		57	
Lap 5	3.25	16:55	5:12	20	3:20	49	3:54	16.25	1:23:22	5:07	4		57	
Lap 6	3.25	17:09	5:16	19	3:37	48	4:16	19.50	1:40:31	5:09	4		57	
Lap 7	3.25	17:30	5:23	23	3:48	53	4:20	22.75	1:58:01	5:11	4		57	
Lap 8	3.25	17:20	5:19	20	3:33	47	3:48	26.00	2:15:21	5:12	4		53	31:07
Lap 9	3.25	18:33	5:42	23	4:47	57	4:55	29.25	2:33:54	5:15	4		53	35:50
Lap 10	3.25	18:50	5:47	23	4:42	55	4:47	32.50	2:52:44	5:18	4		52	40:37
Lap 11	3.25	21:06	6:29	28	6:56	74	6:58	35.75	3:13:50	5:25	3		51	47:35
Lap 12	3.25	20:46	6:23	26	6:55	66	6:55	39.00	3:34:36	5:30	3		51	53:38
Last lap Finish	3.25	20:01	6:09	26	6:26	59	6:26	42.25	3:54:37	5:33	23	54:45	57	1:24:54