



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

SCHWANKE, Peter

Club: SV1889 Altenweddingen

Number: 121

Course: 42.25 km

Marathon

Category:

Männer M55

Total time: 3:56:10

Speed: 10.67 km/h

Running performance: 5:35 min/km

Rank in course/Total: 57 (of 143)

Rank in course/Men: 55 (of 129)

Best time in course: 2:55:38

Rank in category: 2(of 8)

Best time in the category: 3:46:16

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	18:00	5:32	4	2:26	90	5:43	3.25	18:00	5:32	2	2:26	61	1:30
Lap 2	3.25	17:31	5:23	3	1:25	71	4:40	6.50	35:31	5:27	2	3:47	61	1:32
Lap 3	3.25	16:48	5:10	2	0:21	54	3:53	9.75	52:19	5:21	2	4:08	61	0:15
Lap 4	3.25	16:54	5:11	2	0:33	52	4:01	13.00	1:09:13	5:19	2	4:41	61	
Lap 5	3.25	16:56	5:12	2	0:30	50	3:55	16.25	1:26:09	5:18	2	5:11	61	
Lap 6	3.25	17:19	5:19	2	0:38	55	4:26	19.50	1:43:28	5:18	2	5:49	61	
Lap 7	3.25	17:52	5:29	2	1:07	58	4:42	22.75	2:01:20	5:19	2	6:56	61	
Lap 8	3.25	18:05	5:33	2	0:50	56	4:33	26.00	2:19:25	5:21	2	7:46	57	35:11
Lap 9	3.25	18:10	5:35	2	0:24	49	4:32	29.25	2:37:35	5:23	2	8:10	57	39:31
Lap 10	3.25	18:45	5:46	2	0:24	54	4:42	32.50	2:56:20	5:25	2	8:34	56	44:13
Lap 11	3.25	19:24	5:58	2	0:18	52	5:16	35.75	3:15:44	5:28	2	8:52	55	49:29
Lap 12	3.25	19:58	6:08	2	0:21	53	6:07	39.00	3:35:42	5:31	2	8:21	55	54:44
Last lap Finish	3.25	20:28	6:17	4	1:33	68	6:53	42.25	3:56:10	5:35	2	9:54	61	1:26:27