



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

WALTER, Ulrich

Club: DJK Teutonia Gaustadt

Number: 100

Course: 42.25 km

Marathon

Category:

Männer M50

Total time: 3:56:30

Speed: 10.66 km/h

Running performance: 5:36 min/km

Rank in course/Total: 58 (of 143)

Rank in course/Men: 56 (of 129)

Best time in course: 2:55:38

Rank in category: 7(of 20)

Best time in the category: 3:09:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:20	5:01	6	3:06	54	4:03	3.25	16:20	5:01	15	0:04	62	
Lap 2	3.25	16:57	5:12	5	3:06	57	4:06	6.50	33:17	5:07	15	0:03	62	
Lap 3	3.25	17:09	5:16	5	3:02	61	4:14	9.75	50:26	5:10	15		62	
Lap 4	3.25	17:24	5:21	5	3:09	59	4:31	13.00	1:07:50	5:13	15		62	
Lap 5	3.25	17:19	5:19	6	2:57	63	4:18	16.25	1:25:09	5:14	15		62	
Lap 6	3.25	17:16	5:18	6	2:45	53	4:23	19.50	1:42:25	5:15	15		62	
Lap 7	3.25	17:20	5:19	4	2:39	48	4:10	22.75	1:59:45	5:15	15		62	
Lap 8	3.25	17:28	5:22	5	2:37	49	3:56	26.00	2:17:13	5:16	15		58	32:59
Lap 9	3.25	18:09	5:35	5	3:12	48	4:31	29.25	2:35:22	5:18	15		58	37:18
Lap 10	3.25	19:29	5:59	11	4:29	66	5:26	32.50	2:54:51	5:22	15		57	42:44
Lap 11	3.25	20:21	6:15	12	5:13	65	6:13	35.75	3:15:12	5:27	15		56	48:57
Lap 12	3.25	21:19	6:33	12	6:08	72	7:28	39.00	3:36:31	5:33	15		56	55:33
Last lap Finish	3.25	19:59	6:08	8	5:04	57	6:24	42.25	3:56:30	5:35	7	47:27	62	1:26:47