



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

EHRHARDT, Matthias

Club: Rheumimän Borkwalde

Number: 78

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 3:56:55

Speed: 10.64 km/h

Running performance: 5:37 min/km

Rank in course/Total: 61 (of 143)

Rank in course/Men: 59 (of 129)

Best time in course: 2:55:38

Rank in category: 23(of 38)

Best time in the category: 2:59:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:44	5:27	29	4:46	87	5:27	3.25	17:44	5:27	6		65	1:14
Lap 2	3.25	17:24	5:21	25	4:14	66	4:33	6.50	35:08	5:24	6		65	1:09
Lap 3	3.25	17:14	5:18	24	3:59	63	4:19	9.75	52:22	5:22	6		65	0:18
Lap 4	3.25	17:22	5:20	24	3:56	57	4:29	13.00	1:09:44	5:21	6		65	
Lap 5	3.25	17:15	5:18	25	3:40	61	4:14	16.25	1:26:59	5:21	6		65	
Lap 6	3.25	17:18	5:19	21	3:46	54	4:25	19.50	1:44:17	5:20	6		65	
Lap 7	3.25	17:29	5:22	22	3:47	52	4:19	22.75	2:01:46	5:21	6		65	
Lap 8	3.25	18:09	5:35	24	4:22	57	4:37	26.00	2:19:55	5:22	6		61	35:41
Lap 9	3.25	18:26	5:40	19	4:40	51	4:48	29.25	2:38:21	5:24	6		61	40:17
Lap 10	3.25	19:15	5:55	26	5:07	60	5:12	32.50	2:57:36	5:27	6		60	45:29
Lap 11	3.25	19:58	6:08	23	5:48	59	5:50	35.75	3:17:34	5:31	5		59	51:19
Lap 12	3.25	20:04	6:10	25	6:13	54	6:13	39.00	3:37:38	5:34	5		59	56:40
Last lap Finish	3.25	19:17	5:56	23	5:42	49	5:42	42.25	3:56:55	5:36	25	57:03	65	1:27:12