



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

DENK, Veronika

Club: LSG Vorarlberg

Number: 139

Course: 42.25 km

Marathon

Category:

Frauen W30

Total time: 4:00:15

Speed: 10.49 km/h

Running performance: 5:41 min/km

Rank in course/Total: 67 (of 143)

Rank in course/Women: 4 (of 14)

Best time in course: 3:25:50

Rank in category: 1(of 2)

Best time in the category: 4:00:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:21	5:01	1	-	3	1:33	3.25	16:21	5:01	1	-	5	
Lap 2	3.25	16:39	5:07	1	-	3	1:49	6.50	33:00	5:04	1	-	4	3:22
Lap 3	3.25	16:59	5:13	1	-	4	2:01	9.75	49:59	5:07	1	-	4	5:23
Lap 4	3.25	16:59	5:13	1	-	4	1:43	13.00	1:06:58	5:09	1	-	4	7:06
Lap 5	3.25	17:19	5:19	1	-	3	1:57	16.25	1:24:17	5:11	1	-	4	9:03
Lap 6	3.25	18:13	5:36	1	-	4	2:46	19.50	1:42:30	5:15	1	-	4	11:49
Lap 7	3.25	17:48	5:28	1	-	3	1:53	22.75	2:00:18	5:17	1	-	4	13:42
Lap 8	3.25	18:54	5:48	1	-	6	2:42	26.00	2:19:12	5:21	1	-	4	16:24
Lap 9	3.25	20:40	6:21	1	-	6	4:17	29.25	2:39:52	5:27	1	-	4	20:41
Lap 10	3.25	19:33	6:00	1	-	5	3:02	32.50	2:59:25	5:31	1	-	4	23:43
Lap 11	3.25	19:22	5:57	1	-	4	2:19	35.75	3:18:47	5:33	1	-	4	26:02
Lap 12	3.25	20:44	6:22	1	-	5	4:00	39.00	3:39:31	5:37	1	-	4	30:02
Last lap Finish	3.25	20:44	6:22	1	-	6	4:23	42.25	4:00:15	5:41	1	-	5	3:12:11