



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

HERBERT, Clemens

Club: Eintracht Frankfurt

Number: 12

Course: 42.25 km

Marathon

Category:

Männer M35

Total time: 4:05:59

Speed: 10.24 km/h

Running performance: 5:49 min/km

Rank in course/Total: 75 (of 143)

Rank in course/Men: 69 (of 129)

Best time in course: 2:55:38

Rank in category: 8(of 17)

Best time in the category: 2:55:38

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 17:02 | 5:14 | 10 | 4:45 | 72 | 4:45 | 3.25 | 17:02 | 5:14 | 1 | - | 75 | 0:32 |
| Lap 2 | 3.25 | 18:09 | 5:35 | 12 | 5:15 | 85 | 5:18 | 6.50 | 35:11 | 5:24 | 1 | - | 75 | 1:12 |
| Lap 3 | 3.25 | 18:05 | 5:33 | 12 | 5:10 | 78 | 5:10 | 9.75 | 53:16 | 5:27 | 1 | - | 75 | 1:12 |
| Lap 4 | 3.25 | 18:05 | 5:33 | 12 | 5:12 | 77 | 5:12 | 13.00 | 1:11:21 | 5:29 | 1 | - | 75 | 0:50 |
| Lap 5 | 3.25 | 18:15 | 5:36 | 12 | 5:14 | 74 | 5:14 | 16.25 | 1:29:36 | 5:30 | 1 | - | 75 | 0:31 |
| Lap 6 | 3.25 | 18:51 | 5:48 | 13 | 5:58 | 91 | 5:58 | 19.50 | 1:48:27 | 5:33 | 1 | - | 75 | 0:15 |
| Lap 7 | 3.25 | 19:25 | 5:58 | 13 | 6:15 | 81 | 6:15 | 22.75 | 2:07:52 | 5:37 | 1 | - | 75 | |
| Lap 8 | 3.25 | 18:36 | 5:43 | 8 | 5:04 | 65 | 5:04 | 26.00 | 2:26:28 | 5:38 | 8 | 42:14 | 71 | 42:14 |
| Lap 9 | 3.25 | 18:02 | 5:32 | 7 | 4:24 | 46 | 4:24 | 29.25 | 2:44:30 | 5:37 | 8 | 46:26 | 71 | 46:26 |
| Lap 10 | 3.25 | 18:35 | 5:43 | 7 | 4:32 | 52 | 4:32 | 32.50 | 3:03:05 | 5:38 | 8 | 50:58 | 70 | 50:58 |
| Lap 11 | 3.25 | 19:45 | 6:04 | 7 | 5:37 | 56 | 5:37 | 35.75 | 3:22:50 | 5:40 | 8 | 56:35 | 69 | 56:35 |
| Lap 12 | 3.25 | 21:40 | 6:40 | 10 | 6:57 | 81 | 7:49 | 39.00 | 3:44:30 | 5:45 | 8 | 1:03:32 | 69 | 1:03:32 |
| Last lap Finish | 3.25 | 21:29 | 6:36 | 9 | 6:49 | 78 | 7:54 | 42.25 | 4:05:59 | 5:49 | 9 | 1:14:33 | 75 | 1:36:16 |