



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

HERBERT, Clemens

Club: Eintracht Frankfurt

Number: 12

Course: 42.25 km

Marathon

Category:

Männer M35

Total time: 4:05:59

Speed: 10.24 km/h

Running performance: 5:49 min/km

Rank in course/Total: 75 (of 143)

Rank in course/Men: 69 (of 129)

Best time in course: 2:55:38

Rank in category: 8(of 17)

Best time in the category: 2:55:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:02	5:14	10	4:45	72	4:45	3.25	17:02	5:14	1	-	75	0:32
Lap 2	3.25	18:09	5:35	12	5:15	85	5:18	6.50	35:11	5:24	1	-	75	1:12
Lap 3	3.25	18:05	5:33	12	5:10	78	5:10	9.75	53:16	5:27	1	-	75	1:12
Lap 4	3.25	18:05	5:33	12	5:12	77	5:12	13.00	1:11:21	5:29	1	-	75	0:50
Lap 5	3.25	18:15	5:36	12	5:14	74	5:14	16.25	1:29:36	5:30	1	-	75	0:31
Lap 6	3.25	18:51	5:48	13	5:58	91	5:58	19.50	1:48:27	5:33	1	-	75	0:15
Lap 7	3.25	19:25	5:58	13	6:15	81	6:15	22.75	2:07:52	5:37	1	-	75	
Lap 8	3.25	18:36	5:43	8	5:04	65	5:04	26.00	2:26:28	5:38	8	42:14	71	42:14
Lap 9	3.25	18:02	5:32	7	4:24	46	4:24	29.25	2:44:30	5:37	8	46:26	71	46:26
Lap 10	3.25	18:35	5:43	7	4:32	52	4:32	32.50	3:03:05	5:38	8	50:58	70	50:58
Lap 11	3.25	19:45	6:04	7	5:37	56	5:37	35.75	3:22:50	5:40	8	56:35	69	56:35
Lap 12	3.25	21:40	6:40	10	6:57	81	7:49	39.00	3:44:30	5:45	8	1:03:32	69	1:03:32
Last lap Finish	3.25	21:29	6:36	9	6:49	78	7:54	42.25	4:05:59	5:49	9	1:14:33	75	1:36:16