



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

THIELEN, Jochen

Club: Schalke 04

Number: 176

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 4:08:45

Speed: 10.13 km/h

Running performance: 5:53 min/km

Rank in course/Total: 79 (of 143)

Rank in course/Men: 73 (of 129)

Best time in course: 2:55:38

Rank in category: 28(of 38)

Best time in the category: 2:59:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:34	5:42	32	5:36	97	6:17	3.25	18:34	5:42	1	-	79	2:04
Lap 2	3.25	18:08	5:34	29	4:58	83	5:17	6.50	36:42	5:38	1	-	79	2:43
Lap 3	3.25	18:12	5:35	29	4:57	85	5:17	9.75	54:54	5:37	1	-	79	2:50
Lap 4	3.25	18:30	5:41	30	5:04	87	5:37	13.00	1:13:24	5:38	1	-	79	2:53
Lap 5	3.25	18:20	5:38	27	4:45	78	5:19	16.25	1:31:44	5:38	1	-	79	2:39
Lap 6	3.25	18:28	5:40	29	4:56	79	5:35	19.50	1:50:12	5:39	1	-	79	2:00
Lap 7	3.25	19:50	6:06	32	6:08	90	6:40	22.75	2:10:02	5:42	1	-	79	1:27
Lap 8	3.25	18:47	5:46	29	5:00	71	5:15	26.00	2:28:49	5:43	1	-	75	44:35
Lap 9	3.25	19:45	6:04	29	5:59	74	6:07	29.25	2:48:34	5:45	1	-	75	50:30
Lap 10	3.25	19:56	6:08	29	5:48	73	5:53	32.50	3:08:30	5:47	1	-	74	56:23
Lap 11	3.25	19:12	5:54	22	5:02	46	5:04	35.75	3:27:42	5:48	1	-	73	1:01:27
Lap 12	3.25	19:56	6:08	24	6:05	52	6:05	39.00	3:47:38	5:50	1	-	73	1:06:40
Last lap Finish	3.25	21:07	6:29	29	7:32	74	7:32	42.25	4:08:45	5:53	30	1:08:53	79	1:39:02