



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

ACKERMANN, Sven

Club: Laufgruppe Wasungen

Number: 225

Course: 9.75 km

10 km Lauf

Category:

Männer M20

Total time: 42:46

Speed: 12.63 km/h

Running performance: 4:23 min/km

Rank in course/Total: 29 (of 207)

Rank in course/Men: 29 (of 156)

Best time in course: 32:53

Rank in category: 11(of 22)

Best time in the category: 32:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	14:02	4:19	13	3:27	35	3:27	3.25	14:02	4:19	13	0:04	29	3:27	
Lap 2	3.25	14:38	4:30	11	3:37	33	3:37	6.50	28:40	4:24	13		29	7:04	
Last lap Finish	3.25	14:06	4:20	10	2:49	29	2:49	9.75	42:46	4:23	11	9:53	30	11:10	