



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

BAUHS, Henrik

Club: ich-liebe-ruegen

Number: 66

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 4:15:27

Speed: 9.92 km/h

Running performance: 6:03 min/km

Rank in course/Total: 84 (of 143)

Rank in course/Men: 78 (of 129)

Best time in course: 2:55:38

Rank in category: 29(of 38)

Best time in the category: 2:59:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Lap 1	3.25	16:22	5:02	20	3:24	56	4:05	3.25	16:22	5:02	12		83	
Lap 2	3.25	17:09	5:16	23	3:59	62	4:18	6.50	33:31	5:09	12		83	
Lap 3	3.25	17:30	5:23	26	4:15	70	4:35	9.75	51:01	5:13	12		83	
Lap 4	3.25	18:00	5:32	26	4:34	74	5:07	13.00	1:09:01	5:18	12		83	
Lap 5	3.25	18:20	5:38	27	4:45	78	5:19	16.25	1:27:21	5:22	12		83	
Lap 6	3.25	18:23	5:39	28	4:51	76	5:30	19.50	1:45:44	5:25	12		83	
Lap 7	3.25	19:34	6:01	30	5:52	84	6:24	22.75	2:05:18	5:30	12		83	
Lap 8	3.25	20:12	6:12	33	6:25	91	6:40	26.00	2:25:30	5:35	12		79	41:16
Lap 9	3.25	20:59	6:27	35	7:13	96	7:21	29.25	2:46:29	5:41	12		79	48:25
Lap 10	3.25	21:19	6:33	34	7:11	93	7:16	32.50	3:07:48	5:46	12		78	55:41
Lap 11	3.25	22:00	6:46	32	7:50	84	7:52	35.75	3:29:48	5:52	11	2:06	77	1:03:33
Lap 12	3.25	22:21	6:52	32	8:30	88	8:30	39.00	3:52:09	5:57	11	4:31	77	1:11:11
Last lap Finish	3.25	23:18	7:10	33	9:43	99	9:43	42.25	4:15:27	6:02	31	1:15:35	84	1:45:44