



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

LANGLOTZ, Volker

Club: Sigmaringen

Number: 137

Course: 42.25 km

Marathon

Category:

Männer M70

Total time: 4:17:23

Speed: 9.79 km/h

Running performance: 6:05 min/km

Rank in course/Total: 89 (of 143)

Rank in course/Men: 83 (of 129)

Best time in course: 2:55:38

Rank in category: 1(of 3)

Best time in the category: 4:17:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:46	5:28	1	-	88	5:29	3.25	17:46	5:28	1	-	87	1:16
Lap 2	3.25	18:36	5:43	1	-	95	5:45	6.50	36:22	5:35	1	-	87	2:23
Lap 3	3.25	18:46	5:46	1	-	101	5:51	9.75	55:08	5:39	1	-	87	3:04
Lap 4	3.25	18:28	5:40	1	-	85	5:35	13.00	1:13:36	5:39	1	-	87	3:05
Lap 5	3.25	19:02	5:51	1	-	99	6:01	16.25	1:32:38	5:42	1	-	87	3:33
Lap 6	3.25	19:01	5:51	1	-	96	6:08	19.50	1:51:39	5:43	1	-	87	3:27
Lap 7	3.25	19:26	5:58	1	-	83	6:16	22.75	2:11:05	5:45	1	-	87	2:30
Lap 8	3.25	19:36	6:01	1	-	80	6:04	26.00	2:30:41	5:47	1	-	83	46:27
Lap 9	3.25	20:29	6:18	1	-	86	6:51	29.25	2:51:10	5:51	1	-	83	53:06
Lap 10	3.25	20:14	6:13	1	-	76	6:11	32.50	3:11:24	5:53	1	-	82	59:17
Lap 11	3.25	21:03	6:28	1	-	73	6:55	35.75	3:32:27	5:56	1	-	81	1:06:12
Lap 12	3.25	21:20	6:33	1	-	73	7:29	39.00	3:53:47	5:59	1	-	81	1:12:49
Last lap Finish	3.25	23:36	7:15	1	-	102	10:01	42.25	4:17:23	6:05	1	-	88	1:47:40