



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

## Detailed evaluation

**BERGMANN, Ralf**

Club: Laufwerk Mosbach

Number: 70

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 4:22:33

Speed: 9.60 km/h

Running performance: 6:13 min/km

Rank in course/Total: 92 (of 143)

Rank in course/Men: 86 (of 129)

Best time in course: 2:55:38

Rank in category: 32(of 38)

Best time in the category: 2:59:52

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	19:13	5:54	35	6:15	110	6:56	3.25	19:13	5:54	15	0:39	90	2:43
Lap 2	3.25	18:27	5:40	31	5:17	91	5:36	6.50	37:40	5:47	15	0:58	90	3:41
Lap 3	3.25	18:17	5:37	30	5:02	86	5:22	9.75	55:57	5:44	15	1:03	90	3:53
Lap 4	3.25	20:00	6:09	34	6:34	103	7:07	13.00	1:15:57	5:50	15	2:33	90	5:26
Lap 5	3.25	18:26	5:40	29	4:51	82	5:25	16.25	1:34:23	5:48	15	2:39	90	5:18
Lap 6	3.25	18:51	5:48	32	5:19	91	5:58	19.50	1:53:14	5:48	15	3:02	90	5:02
Lap 7	3.25	19:58	6:08	33	6:16	99	6:48	22.75	2:13:12	5:51	15	3:10	90	4:37
Lap 8	3.25	19:46	6:04	32	5:59	85	6:14	26.00	2:32:58	5:53	15	4:09	86	48:44
Lap 9	3.25	20:57	6:26	34	7:11	95	7:19	29.25	2:53:55	5:56	15	5:21	86	55:51
Lap 10	3.25	21:33	6:37	35	7:25	94	7:30	32.50	3:15:28	6:00	15	6:58	85	1:03:21
Lap 11	3.25	23:16	7:09	34	9:06	92	9:08	35.75	3:38:44	6:07	14	11:02	84	1:12:29
Lap 12	3.25	21:21	6:34	28	7:30	74	7:30	39.00	4:00:05	6:09	14	12:27	84	1:19:07
Last lap Finish	3.25	22:28	6:54	32	8:53	89	8:53	42.25	4:22:33	6:12	34	1:22:41	92	1:52:50