



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

RIEGER, Frank

Club: Laufwerk Mosbach

Number: 42

Course: 42.25 km

Marathon

Category:

Männer M40

Total time: 4:22:34

Speed: 9.60 km/h

Running performance: 6:13 min/km

Rank in course/Total: 93 (of 143)

Rank in course/Men: 87 (of 129)

Best time in course: 2:55:38

Rank in category: 13(of 23)

Best time in the category: 3:12:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:56	5:49	18	5:22	101	6:39	3.25	18:56	5:49	9	0:53	91	2:26
Lap 2	3.25	18:43	5:45	19	5:02	98	5:52	6.50	37:39	5:47	8	1:48	91	3:40
Lap 3	3.25	18:18	5:37	18	4:16	91	5:23	9.75	55:57	5:44	9	2:52	90	3:53
Lap 4	3.25	20:00	6:09	17	5:57	103	7:07	13.00	1:15:57	5:50	8	5:50	90	5:26
Lap 5	3.25	18:30	5:41	18	4:18	87	5:29	16.25	1:34:27	5:48	10	7:18	91	5:22
Lap 6	3.25	18:49	5:47	16	4:22	86	5:56	19.50	1:53:16	5:48	10	9:12	91	5:04
Lap 7	3.25	19:50	6:06	16	5:17	90	6:40	22.75	2:13:06	5:51	8	12:14	91	4:31
Lap 8	3.25	19:41	6:03	13	5:02	82	6:09	26.00	2:32:47	5:52	8	20:42	87	48:33
Lap 9	3.25	20:18	6:14	13	5:27	80	6:40	29.25	2:53:05	5:55	8	21:43	87	55:01
Lap 10	3.25	20:36	6:20	14	5:22	82	6:33	32.50	3:13:41	5:57	8	22:25	86	1:01:34
Lap 11	3.25	24:44	7:36	16	9:08	106	10:36	35.75	3:38:25	6:06	9	23:45	85	1:12:10
Lap 12	3.25	21:26	6:35	14	5:19	75	7:35	39.00	3:59:51	6:08	9	23:57	85	1:18:53
Last lap Finish	3.25	22:43	6:59	17	6:40	93	9:08	42.25	4:22:34	6:12	15	1:50:54	93	1:52:51