



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

SPEICHER, Uwe

Club: Laufwerk Mosbach

Number: 103

Course: 42.25 km

Marathon

Category:

Männer M50

Total time: 4:22:34

Speed: 9.60 km/h

Running performance: 6:13 min/km

Rank in course/Total: 95 (of 143)

Rank in course/Men: 89 (of 129)

Best time in course: 2:55:38

Rank in category: 15(of 20)

Best time in the category: 3:09:03

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Total ranking	
	km	Time			min/km	Cat.			Men	Men			km	Time
Lap 1	3.25	18:56	5:49	17	5:42	101	6:39	3.25	18:56	5:49	8	2:40	91	2:26
Lap 2	3.25	18:44	5:45	16	4:53	100	5:53	6.50	37:40	5:47	8	4:26	90	3:41
Lap 3	3.25	18:17	5:37	15	4:10	86	5:22	9.75	55:57	5:44	8	5:22	90	3:53
Lap 4	3.25	20:00	6:09	16	5:45	103	7:07	13.00	1:15:57	5:50	8	7:56	90	5:26
Lap 5	3.25	18:30	5:41	14	4:08	87	5:29	16.25	1:34:27	5:48	8	8:44	91	5:22
Lap 6	3.25	18:46	5:46	15	4:15	84	5:53	19.50	1:53:13	5:48	8	9:15	93	5:01
Lap 7	3.25	19:53	6:07	15	5:12	94	6:43	22.75	2:13:06	5:51	8	9:45	91	4:31
Lap 8	3.25	19:40	6:03	15	4:49	81	6:08	26.00	2:32:46	5:52	8	10:10	89	48:32
Lap 9	3.25	20:19	6:15	14	5:22	82	6:41	29.25	2:53:05	5:55	8	11:03	87	55:01
Lap 10	3.25	20:36	6:20	15	5:36	82	6:33	32.50	3:13:41	5:57	8	11:37	86	1:01:34
Lap 11	3.25	24:38	7:34	19	9:30	102	10:30	35.75	3:38:19	6:06	8	16:07	87	1:12:04
Lap 12	3.25	21:30	6:36	14	6:19	78	7:39	39.00	3:59:49	6:08	8	17:25	87	1:18:51
Last lap Finish	3.25	22:45	7:00	15	7:50	95	9:10	42.25	4:22:34	6:12	15	1:13:31	93	1:52:51