



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

FÜRST, Karl

Club: Laufwerk Mosbach

Number: 40

Course: 42.25 km

Marathon

Category:

Männer M40

Total time: 4:22:34

Speed: 9.65 km/h

Running performance: 6:13 min/km

Rank in course/Total: 96 (of 143)

Rank in course/Men: 90 (of 129)

Best time in course: 2:55:38

Rank in category: 15(of 23)

Best time in the category: 3:12:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:13	5:54	21	5:39	110	6:56	3.25	19:13	5:54	8	1:10	90	2:43
Lap 2	3.25	18:26	5:40	17	4:45	90	5:35	6.50	37:39	5:47	8	1:48	91	3:40
Lap 3	3.25	18:17	5:37	16	4:15	86	5:22	9.75	55:56	5:44	8	2:51	94	3:52
Lap 4	3.25	20:01	6:09	19	5:58	108	7:08	13.00	1:15:57	5:50	8	5:50	90	5:26
Lap 5	3.25	18:26	5:40	15	4:14	82	5:25	16.25	1:34:23	5:48	8	7:14	90	5:18
Lap 6	3.25	18:52	5:48	18	4:25	93	5:59	19.50	1:53:15	5:48	8	9:11	92	5:03
Lap 7	3.25	19:51	6:06	17	5:18	92	6:41	22.75	2:13:06	5:51	8	12:14	91	4:31
Lap 8	3.25	19:41	6:03	13	5:02	82	6:09	26.00	2:32:47	5:52	8	20:42	87	48:33
Lap 9	3.25	20:18	6:14	13	5:27	80	6:40	29.25	2:53:05	5:55	8	21:43	87	55:01
Lap 10	3.25	20:36	6:20	14	5:22	82	6:33	32.50	3:13:41	5:57	8	22:25	86	1:01:34
Lap 11	3.25	24:38	7:34	15	9:02	102	10:30	35.75	3:38:19	6:06	8	23:39	87	1:12:04
Lap 12	3.25	21:30	6:36	16	5:23	78	7:39	39.00	3:59:49	6:08	8	23:55	87	1:18:51
Last lap Finish	3.25	22:45	7:00	19	6:42	95	9:10	42.25	4:22:34	6:12	15	1:50:54	93	1:52:51