



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

## Detailed evaluation

**AHLMANN, Martin**

Club: Laufwerk Mosbach

Number: 15

Course: 42.25 km

Marathon

Category:

Männer M35

Total time: 4:22:35

Speed: 9.60 km/h

Running performance: 6:13 min/km

Rank in course/Total: 97 (of 143)

Rank in course/Men: 91 (of 129)

Best time in course: 2:55:38

Rank in category: 14(of 17)

Best time in the category: 2:55:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:56	5:49	15	6:39	101	6:39	3.25	18:56	5:49	4	1:54	91	2:26
Lap 2	3.25	18:43	5:45	15	5:49	98	5:52	6.50	37:39	5:47	4	2:28	91	3:40
Lap 3	3.25	18:17	5:37	14	5:22	86	5:22	9.75	55:56	5:44	4	2:40	94	3:52
Lap 4	3.25	20:00	6:09	15	7:07	103	7:07	13.00	1:15:56	5:50	4	4:35	95	5:25
Lap 5	3.25	18:27	5:40	15	5:26	84	5:26	16.25	1:34:23	5:48	4	4:47	90	5:18
Lap 6	3.25	20:07	6:11	14	7:14	105	7:14	19.50	1:54:30	5:52	4	6:03	95	6:18
Lap 7	3.25	18:36	5:43	11	5:26	72	5:26	22.75	2:13:06	5:51	4	5:14	91	4:31
Lap 8	3.25	19:41	6:03	11	6:09	82	6:09	26.00	2:32:47	5:52	14	48:33	87	48:33
Lap 9	3.25	20:34	6:19	12	6:56	87	6:56	29.25	2:53:21	5:55	14	55:17	91	55:17
Lap 10	3.25	20:20	6:15	10	6:17	78	6:17	32.50	3:13:41	5:57	14	1:01:34	86	1:01:34
Lap 11	3.25	24:38	7:34	14	10:30	102	10:30	35.75	3:38:19	6:06	14	1:12:04	87	1:12:04
Lap 12	3.25	21:31	6:37	9	6:48	80	7:40	39.00	3:59:50	6:08	14	1:18:52	89	1:18:52
Last lap Finish	3.25	22:45	7:00	14	8:05	95	9:10	42.25	4:22:35	6:12	15	1:31:09	97	1:52:52