



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

## Detailed evaluation

**ROTH, Wolfgang**

Club: Mühltaalverein

Number: 120

Course: 42.25 km

Marathon

Category:

Männer M55

Total time: 4:24:33

Speed: 9.53 km/h

Running performance: 6:16 min/km

Rank in course/Total: 101 (of 143)

Rank in course/Men: 95 (of 129)

Best time in course: 2:55:38

Rank in category: 6(of 8)

Best time in the category: 3:46:16

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1              | 3.25     | 18:09      | 5:35         | 5           | 2:35        | 93      | 5:52       | 3.25          | 18:09      | 5:35         | 5        | 2:35        | 99      | 1:39       |
| Lap 2              | 3.25     | 19:19      | 5:56         | 7           | 3:13        | 109     | 6:28       | 6.50          | 37:28      | 5:45         | 5        | 5:44        | 99      | 3:29       |
| Lap 3              | 3.25     | 19:06      | 5:52         | 5           | 2:39        | 104     | 6:11       | 9.75          | 56:34      | 5:48         | 5        | 8:23        | 99      | 4:30       |
| Lap 4              | 3.25     | 19:11      | 5:54         | 5           | 2:50        | 95      | 6:18       | 13.00         | 1:15:45    | 5:49         | 5        | 11:13       | 99      | 5:14       |
| Lap 5              | 3.25     | 18:59      | 5:50         | 5           | 2:33        | 98      | 5:58       | 16.25         | 1:34:44    | 5:49         | 5        | 13:46       | 99      | 5:39       |
| Lap 6              | 3.25     | 19:17      | 5:56         | 6           | 2:36        | 99      | 6:24       | 19.50         | 1:54:01    | 5:50         | 5        | 16:22       | 99      | 5:49       |
| Lap 7              | 3.25     | 19:46      | 6:04         | 5           | 3:01        | 88      | 6:36       | 22.75         | 2:13:47    | 5:52         | 5        | 19:23       | 99      | 5:12       |
| Lap 8              | 3.25     | 19:59      | 6:08         | 5           | 2:44        | 87      | 6:27       | 26.00         | 2:33:46    | 5:54         | 5        | 22:07       | 95      | 49:32      |
| Lap 9              | 3.25     | 20:27      | 6:17         | 6           | 2:41        | 85      | 6:49       | 29.25         | 2:54:13    | 5:57         | 5        | 24:48       | 95      | 56:09      |
| Lap 10             | 3.25     | 21:04      | 6:28         | 6           | 2:43        | 89      | 7:01       | 32.50         | 3:15:17    | 6:00         | 5        | 27:31       | 94      | 1:03:10    |
| Lap 11             | 3.25     | 22:00      | 6:46         | 7           | 2:54        | 84      | 7:52       | 35.75         | 3:37:17    | 6:04         | 5        | 30:25       | 93      | 1:11:02    |
| Lap 12             | 3.25     | 22:44      | 6:59         | 6           | 3:07        | 93      | 8:53       | 39.00         | 4:00:01    | 6:09         | 5        | 32:40       | 93      | 1:19:03    |
| Last lap Finish    | 3.25     | 24:32      | 7:32         | 8           | 5:37        | 112     | 10:57      | 42.25         | 4:24:33    | 6:15         | 6        | 38:17       | 101     | 1:54:50    |