



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

RITTIGER, Klaus

Club: TV Barchfeld

Number: 123

Course: 42.25 km

Marathon

Category:

Männer M55

Total time: 4:27:15

Speed: 9.49 km/h

Running performance: 6:20 min/km

Rank in course/Total: 106 (of 143)

Rank in course/Men: 99 (of 129)

Best time in course: 2:55:38

Rank in category: 7(of 8)

Best time in the category: 3:46:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:54	5:11	3	1:20	68	4:37	3.25	16:54	5:11	6	1:20	103	0:24
Lap 2	3.25	18:10	5:35	4	2:04	87	5:19	6.50	35:04	5:23	6	3:20	103	1:05
Lap 3	3.25	18:28	5:40	4	2:01	96	5:33	9.75	53:32	5:29	6	5:21	84	1:28
Lap 4	3.25	18:46	5:46	4	2:25	91	5:53	13.00	1:12:18	5:33	6	7:46	103	1:47
Lap 5	3.25	19:48	6:05	7	3:22	109	6:47	16.25	1:32:06	5:40	6	11:08	103	3:01
Lap 6	3.25	18:40	5:44	5	1:59	83	5:47	19.50	1:50:46	5:40	6	13:07	103	2:34
Lap 7	3.25	20:18	6:14	8	3:33	103	7:08	22.75	2:11:04	5:45	6	16:40	103	2:29
Lap 8	3.25	21:22	6:34	8	4:07	107	7:50	26.00	2:32:26	5:51	6	20:47	99	48:12
Lap 9	3.25	21:52	6:43	8	4:06	104	8:14	29.25	2:54:18	5:57	6	24:53	99	56:14
Lap 10	3.25	23:24	7:11	8	5:03	105	9:21	32.50	3:17:42	6:04	6	29:56	98	1:05:35
Lap 11	3.25	24:13	7:27	8	5:07	98	10:05	35.75	3:41:55	6:12	6	35:03	97	1:15:40
Lap 12	3.25	22:40	6:58	5	3:03	92	8:49	39.00	4:04:35	6:16	6	37:14	97	1:23:37
Last lap Finish	3.25	22:40	6:58	6	3:45	91	9:05	42.25	4:27:15	6:19	7	40:59	105	1:57:32