



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

## Detailed evaluation

**HABELT, Holger**

Club: Rennsteiglaufverein

Number: 173

Course: 42.25 km

Marathon

Category:

Männer M50

Total time: 4:32:51

Speed: 9.29 km/h

Running performance: 6:28 min/km

Rank in course/Total: 108 (of 143)

Rank in course/Men: 101 (of 129)

Best time in course: 2:55:38

Rank in category: 17(of 20)

Best time in the category: 3:09:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:54	6:07	19	6:40	121	7:37	3.25	19:54	6:07	6	3:38	106	3:24
Lap 2	3.25	19:47	6:05	18	5:56	113	6:56	6.50	39:41	6:06	6	6:27	106	5:42
Lap 3	3.25	20:10	6:12	19	6:03	116	7:15	9.75	59:51	6:08	6	9:16	106	7:47
Lap 4	3.25	20:20	6:15	19	6:05	113	7:27	13.00	1:20:11	6:10	6	12:10	106	9:40
Lap 5	3.25	20:18	6:14	18	5:56	115	7:17	16.25	1:40:29	6:11	6	14:46	106	11:24
Lap 6	3.25	20:15	6:13	18	5:44	109	7:22	19.50	2:00:44	6:11	6	16:46	106	12:32
Lap 7	3.25	20:45	6:23	18	6:04	109	7:35	22.75	2:21:29	6:13	6	18:08	106	12:54
Lap 8	3.25	20:41	6:21	18	5:50	99	7:09	26.00	2:42:10	6:14	6	19:34	102	57:56
Lap 9	3.25	22:08	6:48	18	7:11	105	8:30	29.25	3:04:18	6:18	6	22:16	102	1:06:14
Lap 10	3.25	22:39	6:58	18	7:39	101	8:36	32.50	3:26:57	6:22	6	24:53	101	1:14:50
Lap 11	3.25	22:06	6:48	15	6:58	89	7:58	35.75	3:49:03	6:24	6	26:51	100	1:22:48
Lap 12	3.25	22:11	6:49	15	7:00	84	8:20	39.00	4:11:14	6:26	6	28:50	100	1:30:16
Last lap Finish	3.25	21:37	6:39	14	6:42	79	8:02	42.25	4:32:51	6:27	17	1:23:48	107	2:03:08