



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

GERLACH, Jörg

Club: 100 Marathon Club

Number: 94

Course: 42.25 km

Marathon

Category:

Männer M50

Total time: 4:35:30

Speed: 9.15 km/h

Running performance: 6:31 min/km

Rank in course/Total: 112 (of 143)

Rank in course/Men: 104 (of 129)

Best time in course: 2:55:38

Rank in category: 18(of 20)

Best time in the category: 3:09:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:25	5:58	18	6:11	114	7:08	3.25	19:25	5:58	5	3:09	109	2:55
Lap 2	3.25	20:22	6:15	19	6:31	119	7:31	6.50	39:47	6:07	5	6:33	109	5:48
Lap 3	3.25	19:42	6:03	17	5:35	110	6:47	9.75	59:29	6:06	5	8:54	109	7:25
Lap 4	3.25	20:18	6:14	18	6:03	112	7:25	13.00	1:19:47	6:08	5	11:46	109	9:16
Lap 5	3.25	20:20	6:15	19	5:58	116	7:19	16.25	1:40:07	6:09	5	14:24	109	11:02
Lap 6	3.25	19:56	6:08	17	5:25	103	7:03	19.50	2:00:03	6:09	5	16:05	109	11:51
Lap 7	3.25	20:09	6:11	16	5:28	101	6:59	22.75	2:20:12	6:09	5	16:51	109	11:37
Lap 8	3.25	20:34	6:19	16	5:43	95	7:02	26.00	2:40:46	6:11	5	18:10	105	56:32
Lap 9	3.25	21:16	6:32	17	6:19	98	7:38	29.25	3:02:02	6:13	5	20:00	105	1:03:58
Lap 10	3.25	22:10	6:49	17	7:10	98	8:07	32.50	3:24:12	6:16	5	22:08	104	1:12:05
Lap 11	3.25	23:19	7:10	16	8:11	93	9:11	35.75	3:47:31	6:21	5	25:19	103	1:21:16
Lap 12	3.25	24:31	7:32	18	9:20	104	10:40	39.00	4:12:02	6:27	5	29:38	103	1:31:04
Last lap Finish	3.25	23:28	7:13	16	8:33	100	9:53	42.25	4:35:30	6:31	18	1:26:27	110	2:05:47