



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

KRAUSSE, Raimund

Club: LV-Einheit Greiz

Number: 373

Course: 9.75 km

10 km Lauf

Category:

Männer M70

Total time: 43:13

Speed: 12.50 km/h

Running performance: 4:26 min/km

Rank in course/Total: 32 (of 207)

Rank in course/Men: 32 (of 156)

Best time in course: 32:53

Rank in category: 1(of 3)

Best time in the category: 43:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:48	4:14	1	-	28	3:13	3.25	13:48	4:14	1	-	32	3:13
Lap 2	3.25	14:36	4:29	1	-	31	3:35	6.50	28:24	4:22	1	-	32	6:48
Last lap Finish	3.25	14:49	4:33	1	-	39	3:32	9.75	43:13	4:25	1	-	33	11:37