



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

JANSEN, Martin

Club: www.weitgereister.de

Number: 9

Course: 42.25 km

Marathon

Category:

Männer M30

Total time: 4:39:35

Speed: 9.01 km/h

Running performance: 6:37 min/km

Rank in course/Total: 115 (of 143)

Rank in course/Men: 107 (of 129)

Best time in course: 2:55:38

Rank in category: 10(of 11)

Best time in the category: 3:07:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos		Behind	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:11	5:54	10	6:49	109	6:54	3.25	19:11	5:54	11	2:41	112	2:41
Lap 2	3.25	19:25	5:58	11	6:34	111	6:34	6.50	38:36	5:56	11	4:37	112	4:37
Lap 3	3.25	18:27	5:40	9	5:29	95	5:32	9.75	57:03	5:51	11	4:59	112	4:59
Lap 4	3.25	18:49	5:47	9	5:50	92	5:56	13.00	1:15:52	5:50	11	5:21	112	5:21
Lap 5	3.25	19:08	5:53	9	5:59	100	6:07	16.25	1:35:00	5:50	11	5:55	112	5:55
Lap 6	3.25	19:04	5:51	9	5:24	97	6:11	19.50	1:54:04	5:50	11	5:52	112	5:52
Lap 7	3.25	20:42	6:22	11	7:05	107	7:32	22.75	2:14:46	5:55	11	6:11	112	6:11
Lap 8	3.25	21:14	6:31	9	7:09	105	7:42	26.00	2:36:00	6:00	10	50:19	108	51:46
Lap 9	3.25	22:15	6:50	9	7:39	106	8:37	29.25	2:58:15	6:05	10	57:58	108	1:00:11
Lap 10	3.25	23:39	7:16	10	8:46	108	9:36	32.50	3:21:54	6:12	10	1:06:44	107	1:09:47
Lap 11	3.25	24:58	7:40	10	9:07	109	10:50	35.75	3:46:52	6:20	10	1:15:51	106	1:20:37
Lap 12	3.25	27:06	8:20	10	10:11	118	13:15	39.00	4:13:58	6:30	10	1:24:25	106	1:33:00
Last lap Finish	3.25	25:37	7:52	11	9:18	115	12:02	42.25	4:39:35	6:37	11	2:09:52	113	2:09:52