



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

FELDHAUS, Thomas

Club: TriSpeed Herscheid

Number: 81

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 4:41:57

Speed: 8.99 km/h

Running performance: 6:40 min/km

Rank in course/Total: 118 (of 143)

Rank in course/Men: 110 (of 129)

Best time in course: 2:55:38

Rank in category: 35(of 38)

Best time in the category: 2:59:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:43	5:27	27	4:45	85	5:26	3.25	17:43	5:27	8		69	1:13
Lap 2	3.25	18:28	5:40	32	5:18	92	5:37	6.50	36:11	5:33	18		116	2:12
Lap 3	3.25	18:45	5:46	33	5:30	100	5:50	9.75	54:56	5:38	7	0:02	67	2:52
Lap 4	3.25	18:30	5:41	30	5:04	87	5:37	13.00	1:13:26	5:38	18	0:02	116	2:55
Lap 5	3.25	18:38	5:44	31	5:03	93	5:37	16.25	1:32:04	5:39	18	0:20	116	2:59
Lap 6	3.25	20:27	6:17	36	6:55	111	7:34	19.50	1:52:31	5:46	18	2:19	116	4:19
Lap 7	3.25	21:12	6:31	36	7:30	113	8:02	22.75	2:13:43	5:52	18	3:41	116	5:08
Lap 8	3.25	22:27	6:54	37	8:40	111	8:55	26.00	2:36:10	6:00	18	7:21	112	51:56
Lap 9	3.25	22:55	7:03	37	9:09	110	9:17	29.25	2:59:05	6:07	18	10:31	112	1:01:01
Lap 10	3.25	23:35	7:15	36	9:27	107	9:32	32.50	3:22:40	6:14	18	14:10	111	1:10:33
Lap 11	3.25	24:38	7:34	35	10:28	102	10:30	35.75	3:47:18	6:21	17	19:36	110	1:21:03
Lap 12	3.25	25:58	7:59	36	12:07	115	12:07	39.00	4:13:16	6:29	17	25:38	110	1:32:18
Last lap Finish	3.25	28:41	8:49	37	15:06	124	15:06	42.25	4:41:57	6:40	37	1:42:05	116	2:12:14