



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

KIRCHNER, Christoph

Club: Rhöner WSV

Number: 262

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 43:15

Speed: 12.49 km/h

Running performance: 4:26 min/km

Rank in course/Total: 33 (of 207)

Rank in course/Men: 33 (of 156)

Best time in course: 32:53

Rank in category: 3(of 15)

Best time in the category: 39:30

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Pos Cat. | Behind Cat. | Total ranking | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|-------|-------------|----------------|---------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | km | Time | | | min/km | Pos Men | Behind Men |
| Lap 1 | 3.25 | 14:06 | 4:20 | 3 | 1:36 | 37 | 3:31 | 3.25 | 14:06 | 4:20 | 3 | 1:36 | 33 | 3:31 |
| Lap 2 | 3.25 | 14:41 | 4:31 | 3 | 1:08 | 34 | 3:40 | 6.50 | 28:47 | 4:25 | 3 | 2:44 | 33 | 7:11 |
| Last lap Finish | 3.25 | 14:28 | 4:27 | 5 | 1:01 | 36 | 3:11 | 9.75 | 43:15 | 4:26 | 3 | 3:45 | 34 | 11:39 |