



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

KIRCHNER, Christoph

Club: Rhöner WSV

Number: 262

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 43:15

Speed: 12.49 km/h

Running performance: 4:26 min/km

Rank in course/Total: 33 (of 207)

Rank in course/Men: 33 (of 156)

Best time in course: 32:53

Rank in category: 3(of 15)

Best time in the category: 39:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:06	4:20	3	1:36	37	3:31	3.25	14:06	4:20	3	1:36	33	3:31
Lap 2	3.25	14:41	4:31	3	1:08	34	3:40	6.50	28:47	4:25	3	2:44	33	7:11
Last lap Finish	3.25	14:28	4:27	5	1:01	36	3:11	9.75	43:15	4:26	3	3:45	34	11:39