



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

BANATZKI, ILka Maria

Club: PHOTO PERFECT Suhl

Number: 154

Course: 42.25 km

Marathon

Category:

Frauen W45

Total time: 4:58:38

Speed: 8.44 km/h

Running performance: 7:04 min/km

Rank in course/Total: 126 (of 143)

Rank in course/Women: 10 (of 14)

Best time in course: 3:25:50

Rank in category: 3(of 3)

Best time in the category: 3:59:02

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:09	5:53	3	2:19	7	4:21	3.25	19:09	5:53	3	2:19	11	
Lap 2	3.25	20:17	6:14	3	2:48	10	5:27	6.50	39:26	6:03	3	5:07	10	9:48
Lap 3	3.25	20:56	6:26	3	3:16	10	5:58	9.75	1:00:22	6:11	3	8:23	10	15:46
Lap 4	3.25	21:05	6:29	3	2:50	10	5:49	13.00	1:21:27	6:15	3	11:13	10	21:35
Lap 5	3.25	21:43	6:40	3	3:07	11	6:21	16.25	1:43:10	6:20	3	14:20	10	27:56
Lap 6	3.25	22:30	6:55	2	4:21	9	7:03	19.50	2:05:40	6:26	3	18:41	10	34:59
Lap 7	3.25	22:58	7:03	3	4:52	9	7:03	22.75	2:28:38	6:31	3	23:33	10	42:02
Lap 8	3.25	26:05	8:01	3	7:28	12	9:53	26.00	2:54:43	6:43	3	31:01	10	51:55
Lap 9	3.25	24:18	7:28	3	5:02	10	7:55	29.25	3:19:01	6:48	3	36:03	10	59:50
Lap 10	3.25	26:32	8:09	3	7:18	13	10:01	32.50	3:45:33	6:56	3	43:21	10	1:09:51
Lap 11	3.25	26:15	8:04	3	6:53	12	9:12	35.75	4:11:48	7:02	3	50:14	10	1:19:03
Lap 12	3.25	26:18	8:05	3	7:15	12	9:34	39.00	4:38:06	7:07	3	57:29	10	1:28:37
Last lap Finish	3.25	20:32	6:19	2	2:07	5	4:11	42.25	4:58:38	7:04	3	59:36	11	4:10:34