



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

LEFFLER, Mirko

Club: PHOTO PERFECT Suhl

Number: 44

Course: 42.25 km

Marathon

Category:

Männer M40

Total time: 4:58:38

Speed: 8.44 km/h

Running performance: 7:04 min/km

Rank in course/Total: 127 (of 143)

Rank in course/Men: 117 (of 129)

Best time in course: 2:55:38

Rank in category: 20(of 23)

Best time in the category: 3:12:05

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Total min/km | Pos Cat. | Behind Cat. | Total ranking | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-----------------|-------------|----------------|---------------|---------------|
| | | | | | | Pos Men | Behind Men | km | Time | | | | Pos Men | Behind Men |
| Lap 1 | 3.25 | 19:09 | 5:53 | 20 | 5:35 | 105 | 6:52 | 3.25 | 19:09 | 5:53 | 3 | 1:06 | 123 | 2:39 |
| Lap 2 | 3.25 | 20:17 | 6:14 | 22 | 6:36 | 118 | 7:26 | 6.50 | 39:26 | 6:03 | 3 | 3:35 | 123 | 5:27 |
| Lap 3 | 3.25 | 20:56 | 6:26 | 22 | 6:54 | 121 | 8:01 | 9.75 | 1:00:22 | 6:11 | 3 | 7:17 | 123 | 8:18 |
| Lap 4 | 3.25 | 21:05 | 6:29 | 21 | 7:02 | 117 | 8:12 | 13.00 | 1:21:27 | 6:15 | 3 | 11:20 | 123 | 10:56 |
| Lap 5 | 3.25 | 21:43 | 6:40 | 22 | 7:31 | 123 | 8:42 | 16.25 | 1:43:10 | 6:20 | 3 | 16:01 | 123 | 14:05 |
| Lap 6 | 3.25 | 22:30 | 6:55 | 22 | 8:03 | 125 | 9:37 | 19.50 | 2:05:40 | 6:26 | 3 | 21:36 | 123 | 17:28 |
| Lap 7 | 3.25 | 22:58 | 7:03 | 21 | 8:25 | 119 | 9:48 | 22.75 | 2:28:38 | 6:31 | 3 | 27:46 | 123 | 20:03 |
| Lap 8 | 3.25 | 26:05 | 8:01 | 21 | 11:26 | 124 | 12:33 | 26.00 | 2:54:43 | 6:43 | 3 | 42:38 | 119 | 1:10:29 |
| Lap 9 | 3.25 | 24:18 | 7:28 | 20 | 9:27 | 118 | 10:40 | 29.25 | 3:19:01 | 6:48 | 3 | 47:39 | 119 | 1:20:57 |
| Lap 10 | 3.25 | 26:31 | 8:09 | 21 | 11:17 | 120 | 12:28 | 32.50 | 3:45:32 | 6:56 | 3 | 54:16 | 118 | 1:33:25 |
| Lap 11 | 3.25 | 26:16 | 8:04 | 21 | 10:40 | 117 | 12:08 | 35.75 | 4:11:48 | 7:02 | 3 | 57:08 | 117 | 1:45:33 |
| Lap 12 | 3.25 | 26:18 | 8:05 | 19 | 10:11 | 116 | 12:27 | 39.00 | 4:38:06 | 7:07 | 3 | 1:02:12 | 117 | 1:57:08 |
| Last lap Finish | 3.25 | 20:32 | 6:19 | 12 | 4:29 | 71 | 6:57 | 42.25 | 4:58:38 | 7:04 | 22 | 2:26:58 | 123 | 2:28:55 |