



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

EICHNER, Sigrid

Club: 100 Marathon Club

Number: 160

Course: 42.25 km

Marathon

Category:

Frauen W70

Total time: 5:07:55

Speed: 8.18 km/h

Running performance: 7:17 min/km

Rank in course/Total: 133 (of 143)

Rank in course/Women: 13 (of 14)

Best time in course: 3:25:50

Rank in category: 1(of 1)

Best time in the category: 5:07:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:55	6:26	1	-	13	6:07	3.25	20:55	6:26	1	-	13	14
Lap 2	3.25	21:34	6:38	1	-	13	6:44	6.50	42:29	6:32	1	-	13	12:51
Lap 3	3.25	21:54	6:44	1	-	13	6:56	9.75	1:04:23	6:36	1	-	13	19:47
Lap 4	3.25	22:08	6:48	1	-	13	6:52	13.00	1:26:31	6:39	1	-	13	26:39
Lap 5	3.25	22:26	6:54	1	-	13	7:04	16.25	1:48:57	6:42	1	-	13	33:43
Lap 6	3.25	22:52	7:02	1	-	13	7:25	19.50	2:11:49	6:45	1	-	13	41:08
Lap 7	3.25	23:10	7:07	1	-	10	7:15	22.75	2:34:59	6:48	1	-	13	48:23
Lap 8	3.25	24:49	7:38	1	-	11	8:37	26.00	2:59:48	6:54	1	-	13	57:00
Lap 9	3.25	25:11	7:44	1	-	13	8:48	29.25	3:24:59	7:00	1	-	13	1:05:48
Lap 10	3.25	25:39	7:53	1	-	11	9:08	32.50	3:50:38	7:05	1	-	13	1:14:56
Lap 11	3.25	25:46	7:55	1	-	11	8:43	35.75	4:16:24	7:10	1	-	13	1:23:39
Lap 12	3.25	25:48	7:56	1	-	11	9:04	39.00	4:42:12	7:14	1	-	13	1:32:43
Last lap Finish	3.25	25:43	7:54	1	-	13	9:22	42.25	5:07:55	7:17	1	-	14	4:19:51