



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

JACOB, Gregor

Club: AC Apolda

Number: 451

Course: 9.75 km

10 km Lauf

Category:

Männer M20

Total time: 43:42

Speed: 12.36 km/h

Running performance: 4:29 min/km

Rank in course/Total: 35 (of 207)

Rank in course/Men: 35 (of 156)

Best time in course: 32:53

Rank in category: 12(of 22)

Best time in the category: 32:53

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 13:58 | 4:17 | 12 | 3:23 | 34 | 3:23 | 3.25 | 13:58 | 4:17 | 1 | - | 35 | 3:23 |
| Lap 2 | 3.25 | 14:50 | 4:33 | 12 | 3:49 | 38 | 3:49 | 6.50 | 28:48 | 4:25 | 1 | - | 35 | 7:12 |
| Last lap Finish | 3.25 | 14:54 | 4:35 | 13 | 3:37 | 40 | 3:37 | 9.75 | 43:42 | 4:28 | 12 | 10:49 | 36 | 12:06 |