



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

RICHTER, Uwe

Club: VfL Eilenburg

Number: 290

Course: 9.75 km

10 km Lauf

Category:

Männer M40

Total time: 44:10

Speed: 12.23 km/h

Running performance: 4:32 min/km

Rank in course/Total: 40 (of 207)

Rank in course/Men: 40 (of 156)

Best time in course: 32:53

Rank in category: 4(of 20)

Best time in the category: 37:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	13:52	4:15	5	1:52	30	3:17	3.25	13:52	4:15	18			40	3:17
Lap 2	3.25	14:47	4:32	3	2:05	37	3:46	6.50	28:39	4:24	18			40	7:03
Last lap Finish	3.25	15:31	4:46	5	2:45	57	4:14	9.75	44:10	4:31	4	6:42		41	12:34