



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

WAHL, Martin

Club: wsv oberhof

Number: 460

Course: 9.75 km

10 km Lauf

Category:

Männer M60

Total time: 44:25

Speed: 12.16 km/h

Running performance: 4:34 min/km

Rank in course/Total: 42 (of 207)

Rank in course/Men: 42 (of 156)

Best time in course: 32:53

Rank in category: 1(of 8)

Best time in the category: 44:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:55	4:35	2	0:10	58	4:20	3.25	14:55	4:35	1	-	42	4:20
Lap 2	3.25	15:16	4:41	1	-	46	4:15	6.50	30:11	4:38	1	-	42	8:35
Last lap Finish	3.25	14:14	4:22	1	-	31	2:57	9.75	44:25	4:33	1	-	43	12:49