



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

Hempel, Ernst

Club: Saalfelder LV

Number: 450

Course: 9.75 km

10 km Lauf

Category:

Männer M60

Total time: 45:18

Speed: 11.92 km/h

Running performance: 4:39 min/km

Rank in course/Total: 49 (of 207)

Rank in course/Men: 48 (of 156)

Best time in course: 32:53

Rank in category: 2(of 8)

Best time in the category: 44:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:45	4:32	1	-	49	4:10	3.25	14:45	4:32	2	-	48	4:10
Lap 2	3.25	15:26	4:44	2	0:10	50	4:25	6.50	30:11	4:38	1	-	42	8:35
Last lap Finish	3.25	15:07	4:39	2	0:53	47	3:50	9.75	45:18	4:38	2	0:53	49	13:42