



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

GÖPFERT, Sebastian

Club: Würzburg

Number: 230

Course: 9.75 km

10 km Lauf

Category:

Männer M20

Total time: 45:22

Speed: 11.90 km/h

Running performance: 4:39 min/km

Rank in course/Total: 50 (of 207)

Rank in course/Men: 49 (of 156)

Best time in course: 32:53

Rank in category: 15(of 22)

Best time in the category: 32:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:04	4:38	16	4:29	62	4:29	3.25	15:04	4:38	9	1:06	49	4:29
Lap 2	3.25	15:12	4:40	15	4:11	44	4:11	6.50	30:16	4:39	9	1:28	49	8:40
Last lap Finish	3.25	15:06	4:38	15	3:49	46	3:49	9.75	45:22	4:39	15	12:29	50	13:46