



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

GENSLER, Jan

Club: Bad Neustadt

Number: 269

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 45:42

Speed: 12.80 km/h

Running performance: 4:41 min/km

Rank in course/Total: 54 (of 207)

Rank in course/Men: 53 (of 156)

Best time in course: 32:53

Rank in category: 6(of 15)

Best time in the category: 39:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:04	4:38	6	2:34	62	4:29	3.25	15:04	4:38	6	2:34	49	4:29
Lap 2	3.25	15:03	4:37	5	1:30	43	4:02	6.50	30:07	4:38	4	4:04	34	8:31
Last lap Finish	3.25	15:35	4:47	7	2:08	58	4:18	9.75	45:42	4:41	6	6:12	54	14:06