



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

## Detailed evaluation

**BOGEN, Norman**

Club: Fichte e. V.

Number: 258

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 46:08

Speed: 11.71 km/h

Running performance: 4:44 min/km

Rank in course/Total: 55 (of 207)

Rank in course/Men: 54 (of 156)

Best time in course: 32:53

Rank in category: 7(of 15)

Best time in the category: 39:30

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:12	4:40	7	2:42	65	4:37	3.25	15:12	4:40	7	2:42	50	4:37
Lap 2	3.25	15:31	4:46	7	1:58	51	4:30	6.50	30:43	4:43	7	4:40	54	9:07
Last lap Finish	3.25	15:25	4:44	6	1:58	55	4:08	9.75	46:08	4:43	7	6:38	55	14:32