



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

ELSNER, Wolfgang

Club: VfB Fallersleben

Number: 351

Course: 9.75 km

10 km Lauf

Category:

Männer M50

Total time: 46:13

Speed: 11.68 km/h

Running performance: 4:44 min/km

Rank in course/Total: 56 (of 207)

Rank in course/Men: 55 (of 156)

Best time in course: 32:53

Rank in category: 8(of 21)

Best time in the category: 41:08

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|-------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 3.25 | 14:33 | 4:28 | 6 | 1:33 | 45 | 3:58 | 3.25 | 14:33 | 4:28 | 15 | | | 55 | 3:58 |
| Lap 2 | 3.25 | 15:36 | 4:47 | 9 | 1:42 | 57 | 4:35 | 6.50 | 30:09 | 4:38 | 15 | | | 55 | 8:33 |
| Last lap Finish | 3.25 | 16:04 | 4:56 | 10 | 2:00 | 69 | 4:47 | 9.75 | 46:13 | 4:44 | 8 | 5:05 | | 56 | 14:37 |