



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

LÖSCH, Sören

Club: USV Jena Abt. OL

Number: 229

Course: 9.75 km

10 km Lauf

Category:

Männer M20

Total time: 34:40

Speed: 15.58 km/h

Running performance: 3:34 min/km

Rank in course/Total: 4 (of 207)

Rank in course/Men: 4 (of 156)

Best time in course: 32:53

Rank in category: 3(of 22)

Best time in the category: 32:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	11:18	3:28	3	0:43	4	0:43	3.25	11:18	3:28	21		4	0:43
Lap 2	3.25	11:51	3:38	3	0:50	4	0:50	6.50	23:09	3:33	21		4	1:33
Last lap Finish	3.25	11:31	3:32	2	0:14	2	0:14	9.75	34:40	3:33	3	1:47	5	3:04