



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

HAHN, Daniel

Club: Hahn Consult

Number: 246

Course: 9.75 km

10 km Lauf

Category:

Männer M30

Total time: 46:36

Speed: 11.59 km/h

Running performance: 4:47 min/km

Rank in course/Total: 62 (of 207)

Rank in course/Men: 60 (of 156)

Best time in course: 32:53

Rank in category: 5(of 14)

Best time in the category: 37:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Lap 1	3.25	15:48	4:51	6	4:01	80	5:13	3.25	15:48	4:51	5	3:34	60	5:13
Lap 2	3.25	15:36	4:47	3	3:03	57	4:35	6.50	31:24	4:49	5	6:37	60	9:48
Last lap Finish	3.25	15:12	4:40	4	2:40	49	3:55	9.75	46:36	4:46	5	9:17	61	15:00