



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

WALTER, Stefan

Club: LGV Marathon Giessen

Number: 340

Course: 9.75 km

10 km Lauf

Category:

Männer M50

Total time: 46:42

Speed: 11.56 km/h

Running performance: 4:47 min/km

Rank in course/Total: 65 (of 207)

Rank in course/Men: 63 (of 156)

Best time in course: 32:53

Rank in category: 10(of 21)

Best time in the category: 41:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:25	4:44	10	2:25	68	4:50	3.25	15:25	4:44	13	0:24	63	4:50
Lap 2	3.25	15:33	4:47	8	1:39	54	4:32	6.50	30:58	4:45	13	0:11	63	9:22
Last lap Finish	3.25	15:44	4:50	8	1:40	62	4:27	9.75	46:42	4:47	10	5:34	64	15:06