



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

MALZAHN, Kai

Club: Team ERDINGER Alkoholfrei
Number: 250

Course: 9.75 km
10 km Lauf

Category:
Männer M30

Total time: 37:19

Speed: 14.47 km/h

Running performance: 3:50 min/km

Rank in course/Total: 5 (of 207)

Rank in course/Men: 5 (of 156)

Best time in course: 32:53

Rank in category: 1(of 14)

Best time in the category: 37:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:14	3:45	2	0:27	10	1:39	3.25	12:14	3:45	1	-	5	1:39
Lap 2	3.25	12:33	3:51	1	-	5	1:32	6.50	24:47	3:48	1	-	5	3:11
Last lap Finish	3.25	12:32	3:51	1	-	5	1:15	9.75	37:19	3:49	1	-	6	5:43