



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

EISENHARDT, Stefan

Club: Mühlhäuser Laufcombo

Number: 279

Course: 9.75 km

10 km Lauf

Category:

Männer M40

Total time: 47:09

Speed: 11.45 km/h

Running performance: 4:50 min/km

Rank in course/Total: 72 (of 207)

Rank in course/Men: 69 (of 156)

Best time in course: 32:53

Rank in category: 9(of 20)

Best time in the category: 37:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:53	4:34	8	2:53	54	4:18	3.25	14:53	4:34	1	-	68	4:18
Lap 2	3.25	15:56	4:54	7	3:14	64	4:55	6.50	30:49	4:44	13		68	9:13
Last lap Finish	3.25	16:20	5:01	9	3:34	81	5:03	9.75	47:09	4:50	8	9:41	69	15:33