



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

RÜCKRIEM, Babette

Club: SSV-MG-Ahlsdorf

Number: 207

Course: 9.75 km

10 km Lauf

Category:

weibliche Jugend A

Total time: 47:14

Speed: 11.43 km/h

Running performance: 4:50 min/km

Rank in course/Total: 73 (of 207)

Rank in course/Women: 4 (of 51)

Best time in course: 44:56

Rank in category: 2(of 2)

Best time in the category: 44:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking								
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women		
Lap 1	3.25	15:17	4:42	2	0:09	4	0:09	3.25	15:17	4:42	2	0:09	29			
Lap 2	3.25	15:52	4:52	2	0:54	4	0:54	6.50	31:09	4:47	2	1:03	29			
Last lap Finish	3.25	16:05	4:56	2	1:15	4	1:15	9.75	47:14	4:50	2	2:18	5	17:30		