



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

HERMANN, Rainer

Club: SV Thuringia Königsee

Number: 372

Course: 9.75 km

10 km Lauf

Category:

Männer M65

Total time: 47:25

Speed: 11.39 km/h

Running performance: 4:52 min/km

Rank in course/Total: 76 (of 207)

Rank in course/Men: 72 (of 156)

Best time in course: 32:53

Rank in category: 1(of 4)

Best time in the category: 47:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:44	4:50	1	-	75	5:09	3.25	15:44	4:50	1	-	62	5:09
Lap 2	3.25	16:02	4:56	1	-	69	5:01	6.50	31:46	4:53	1	-	72	10:10
Last lap Finish	3.25	15:39	4:48	1	-	61	4:22	9.75	47:25	4:51	1	-	72	15:49