



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

ASSING, Marcus

Club: HSV Weimar Triathlon

Number: 223

Course: 9.75 km

10 km Lauf

Category:

Männer M20

Total time: 37:25

Speed: 14.43 km/h

Running performance: 3:50 min/km

Rank in course/Total: 6 (of 207)

Rank in course/Men: 6 (of 156)

Best time in course: 32:53

Rank in category: 4(of 22)

Best time in the category: 32:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	11:36	3:34	4	1:01	5	1:01	3.25	11:36	3:34	20		6	1:01	
Lap 2	3.25	13:07	4:02	8	2:06	11	2:06	6.50	24:43	3:48	19		6	3:07	
Last lap Finish	3.25	12:42	3:54	4	1:25	6	1:25	9.75	37:25	3:50	4	4:32	7	5:49	