



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

## Detailed evaluation

**TERKATZ, Johannes**

Club: LC Duisburg

Number: 310

Course: 9.75 km

10 km Lauf

Category:

Männer M45

Total time: 47:36

Speed: 12.29 km/h

Running performance: 4:53 min/km

Rank in course/Total: 78 (of 207)

Rank in course/Men: 74 (of 156)

Best time in course: 32:53

Rank in category: 16(of 34)

Best time in the category: 38:40

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:08	4:39	13	2:53	64	4:33	3.25	15:08	4:39	33			74	4:33
Lap 2	3.25	16:15	5:00	20	3:06	80	5:14	6.50	31:23	4:49	33			74	9:47
Last lap Finish	3.25	16:13	4:59	20	3:13	76	4:56	9.75	47:36	4:52	16	8:56		75	16:00