



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

Müller, Michael

Club: Sportteam Steinbach

Number: 454

Course: 9.75 km

10 km Lauf

Category:

Männer M40

Total time: 48:56

Speed: 11.96 km/h

Running performance: 5:01 min/km

Rank in course/Total: 88 (of 207)

Rank in course/Men: 84 (of 156)

Best time in course: 32:53

Rank in category: 12(of 20)

Best time in the category: 37:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:55	4:35	11	2:55	58	4:20	3.25	14:55	4:35	10	0:02	42	4:20
Lap 2	3.25	16:38	5:07	12	3:56	86	5:37	6.50	31:33	4:51	10	0:34	44	9:57
Last lap Finish	3.25	17:23	5:20	12	4:37	100	6:06	9.75	48:56	5:01	12	11:28	85	17:20