



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

BEHRENS, Ines

Club: Alteburg-Lauftreff Arnstadt

Number: 399

Course: 9.75 km

10 km Lauf

Category:

Frauen W35

Total time: 48:58

Speed: 11.03 km/h

Running performance: 5:01 min/km

Rank in course/Total: 90 (of 207)

Rank in course/Women: 5 (of 51)

Best time in course: 44:56

Rank in category: 1(of 7)

Best time in the category: 48:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:14	4:41	1	-	2	0:06	3.25	15:14	4:41	1	-	27	
Lap 2	3.25	16:36	5:06	1	-	5	1:38	6.50	31:50	4:53	1	-	30	
Last lap Finish	3.25	17:08	5:16	2	0:35	7	2:18	9.75	48:58	5:01	1	-	6	19:14