



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

HILTENKAMP, Markus

Club: TV Igstadt

Number: 267

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 49:35

Speed: 10.89 km/h

Running performance: 5:05 min/km

Rank in course/Total: 93 (of 207)

Rank in course/Men: 87 (of 156)

Best time in course: 32:53

Rank in category: 10(of 15)

Best time in the category: 39:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:48	4:51	9	3:18	80	5:13	3.25	15:48	4:51	10	3:18	60	5:13
Lap 2	3.25	16:22	5:02	9	2:49	83	5:21	6.50	32:10	4:56	10	6:07	87	10:34
Last lap Finish	3.25	17:25	5:21	10	3:58	102	6:08	9.75	49:35	5:05	10	10:05	88	17:59