



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

## Detailed evaluation

**SÖMMER, Fred**

Club: BSG Wartburg-Sparkasse  
Number: 297

Course: 9.75 km  
10 km Lauf

Category:  
Männer M45

Total time: 50:09

Speed: 10.77 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 101 (of 207)

Rank in course/Men: 95 (of 156)

Best time in course: 32:53

Rank in category: 23(of 34)

Best time in the category: 38:40

## Intermediate times

## Stage score

## Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:58	4:54	21	3:43	84	5:23	3.25	15:58	4:54	5		91	5:23	
Lap 2	3.25	16:58	5:13	23	3:49	94	5:57	6.50	32:56	5:03	5		91	11:20	
Last lap Finish	3.25	17:13	5:17	25	4:13	97	5:56	9.75	50:09	5:08	23	11:29	96	18:33	