



Winterlaufserie des Eisenacher LV/ 2. Lauf  
Creuzburg (Stiftsgut Wilhelmglücksbrunn - Saline) / 27.02.2011

Detailed evaluation

**AßMANN, Holger**

Club: Triathlon Jena  
Number: 230

Course: 12.30 km  
Langdistanz

Category:  
Männer M55

Total time: 56:59

Speed: 12.64 km/h  
Running performance: 4:38 min/km

Rank in course/Total: 35 (of 83)

Rank in course/Men: 35 (of 70)

Best time in course: 41:18

Rank in category: 3(of 5)

Best time in the category: 53:52