



Glückauf Brügman Halbmarathon

Brügman-Schacht, Sondershausen, Erlebnisbergwerk / 05.03.2011

Detailed evaluation

KROST, Astrid

Club: Otternasen

Number: 77

Course: 21.08 km

Halbmarathon

Category:

Frauen W35

Total time: 2:25:25

Speed: 8.66 km/h

Running performance: 6:54 min/km

Rank in course/Total: 128 (of 156)

Rank in course/Women: 14 (of 18)

Best time in course: 1:51:50

Rank in category: 2(of 3)

Best time in the category: 2:13:31